

Inspired by the Empathy Game from Momentsaday.com

Instructions

LEVEL 1 GAME: WHAT ARE THEY FEELING?

- 1. Print and cut up cards, face cards down
- 2. Take turns picking up a card, and naming how the character may feel
- 3. Review a range of emotions beforehand if necessary

LEVEL 2 GAME: WHAT MIGHT GIVE YOU SUCH A FEELING?

- 1. Print and cut up cards, face cards up
- 2. Take turns naming a feeling, other players pick cards that may involve the named feeling
- 3. Review a range of emotions beforehand if necessary

HER FRIEND DOESN'T WANT TO BE FRIENDS ANYMORE	HE DIDN'T GET INVITED TO A PARTY	HIS PARENT IS CRYING WHILE ON THE PHONE WITH SOMEONE
HER DOG LICKED HER ON THE FACE	HIS ICRE-CREAM CONE FELL ON THE GROUND	HER NEW TOY FELL AND BROKE
CHILDREN ARE WHISPERING AND LAUGHING WHILE LOOKING AT HIM	SHE IS WAITING FOR HER GRANDMOTHER TO ARRIVE	HE HAS BEEN IN A CAR RIDE FOR 3 HOURS
HER SIBLINGS ARE FIGHTING WITH EACH OTHER	HIS BIRTHDAY PARTY IS HAPPENING THIS AFTERNOON	SHE IS REALLY HUNGRY
HE MAKES A FRIEND WITH THE NEW NEIGHBOUR	SHE TRIPPED AND FELL IN THE PLAYGROUND	HIS PET IS VERY SICK
SHE IS SNEEZING, COUGHING, AND HAS A FEVER	HE IS HAVING A HARD TIME TYING HIS SHOES	SHE IS CAUGHT CHEATING ON HER TEST

HE WINS A DANCE CONTEST	SHE IS ABOUT TO GO ON STAGE TO ACT IN A PLAY	HE DOES A "RANDOM ACT OF KINDNESS" FOR SOMEONE
SHE JUMPS INTO A POOL	HE FINISHES HIS HOMEWORK	SHE IS LOOKING AT PICTURES FROM HER SUMMER HOLIDAYS
HIS PARENT MAKES HIS FAVORITE DESSERT	HER BEST FRIEND DIDN'T KEEP A PROMISE	HIS HAS A TOOTHACHE
SHE HAS TO MISS SPORTS DAY BECAUSE SHE IS SICK	HE WRITES A LETTER OF APOLOGY TO HIS FRIEND	SHE WATCHES HER FAVORITE MOVIE
HE BITES INTO AN APPLE AND FIND OUT IT'S ROTTEN	SHE DRESSES UP IN FUNNY COSTUMES	HE GIVES AWAY SOME OF HIS TOYS
SHE STEALS A CHOCOLATE BAR FROM A STORE	HE MAKES UP A FUNNY SONG	SHE FALLS ASLEEP LISTENING TO A LULLABY

Fluid Exchange | Karen B. K. Chan | 2019