# Sexual Violence: A few points to think about

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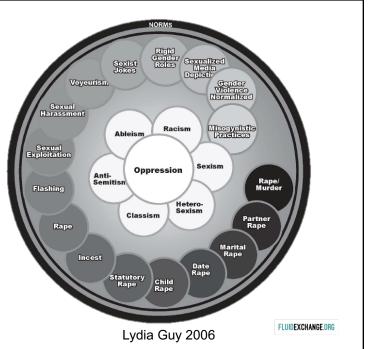
## **Sexual Violence**

Aggressive act

Underlying factors are power and control, not sexual desire

Sex is merely the medium to express anger, hostility, a need to control, dominate, degrade, humiliate, terrorize, and assert power over

Threatens victims' sense of self; of privacy, safety, and well-being

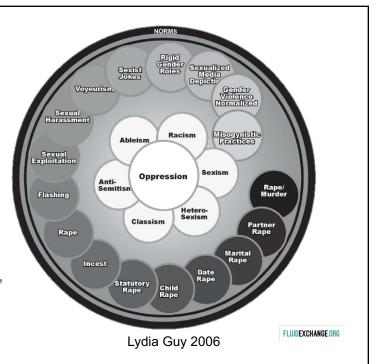


#### **Sexual Violence**

Majority of victims female, most perpetrators male

Predictable consequence of power differential

During loss of control/power: Can **compensate** for helplessness, reassure offender of adequacy, assert offender's power and identity, retain status among peers, discharge frustration



## **Myths**

Sex is the primary motivation for sexual violence.

Only certain types of people experience sexual violence.

Only certain types of people perpetrate sexual violence.

Sexual violence involves a great deal of physical and the use of a weapon.

Sexual violence leaves obvious signs of injury.

Many are false reports.

"It wasn't really sexual assault".

Victim is responsible for not preventing or resisting successfully; or for contributing to their victimization.

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## **Victim Blaming**

Find victim at fault for unsuccessfully resisting or refusing Find victim at fault for not being "more careful" in protecting self Assume victim provoked violence by actions, words, or dress Question victim's response to violence Just world hypothesis – "My world is safe" Empathy for perpetrators Disgust for and distancing from victims

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### **Sexual Violence in Political Conflict**

Rape has been used as a strategy in many conflicts

Korea WWII

Bangladesh War of Independence

Algeria

Kashmir

Indonesia

Liberia

Rwanda

Uganda

Marginalization increases victimization; Victimization increases marginalization

Discrediting, undermining, distracting

Women under 25 years more likely victimized Way to destabilize social order, undermine men

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