

Emotional Intelligence  
Diversity Competence  
Sexuality + Intimacy

# KAREN B. K. CHAN

BSC MA



## HOT TOPICS in Professional Development

### Emotional Intelligence for Professionals

- Manage conflict, maximize teamwork and productivity
- Build genuine rapport and increase influence with clients and staff
- Lessen stress and burn-out, increase ease and psychological safety

### Beyond PC: Equity, Diversity and Inclusion

- Work across any social difference, outsmart unconscious biases
- Translate awareness and good intention into practical action
- Develop strength-based allyship and a "calling in" accountability culture

### Addressing Sexuality: Confidence and Competence

- Get up-to-date on terminology for professional practice
- Increase confidence and competence in working with diverse communities

### Training Curriculum Development

- Customized training content based on organizational goals
- Customized demonstrations, modelling, and Train-the-trainers

## BIOGRAPHY

Karen B. K. Chan is an award-winning sex and emotional literacy educator in Toronto, Canada, with 25+ years of experience. BK (a.k.a. Karen) works with students, professionals, groups, and organizations across diverse disciplines. She holds an MA in Equity Studies & Sociology.

Trained in Creative Facilitation, Productive Thinking, and Non-Violent Communication, BK is known for her accessible style and playful humour. She integrates curriculum into stories, theory into practice. Above all, BK is dedicated to having difficult conversations that are real, transformative, and kind.

"IMMEDIATELY HELPFUL"

"I'VE BEEN A THERAPIST FOR 20 YEARS AND KAREN TEACHES ME SOMETHING EVERY TIME."

"I LEFT WITH A DIFFERENT VIEW NOT ONLY OF MY LGBTQ CLIENTS, BUT ALL MY CLIENTS."



## KEYNOTES

- Ontario Association of Family Mediation
- Cumming School of Medicine U Calgary AB
- James Madison U Harrisonburg VA
- Middlebury College VT
- New York State Association for Health and Physical Education
- Dalhousie U Halifax NS
- Western Canadian Sexual Health Conf. AB
- Thunder Bay Sexual Health Conf.

## PROFESSIONAL DEVELOPMENT

- First Work ON
- Ethoca Chargeback Solutions
- Department of Education New York City
- Saskatchewan Prevention Institute
- Four Villages Health Centre Toronto
- Switchback Cyclery Toronto
- Planned Parenthood New York City
- Genki Spark Taiko Project Boston
- Oxford Medical Imaging Toronto
- Rogers Media Canada
- Institute of Relational Psychotherapy
- Family Dispute Resolution Ontario
- Town of Orangeville
- EGALE Canada
- YMCA Canada
- YWCA Canada

## TRAINING CURRICULUM

- Unitarian Universalist Association
- Action Canada for Sexual Health & Rights
- Ont. Assoc. of Collaborative Professionals
- Freedom Community Center St. Louis

INFO/BOOKINGS  
**FLUIDEXCHANGE.ORG**